Event:

HEALTH in BUILDINGS
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ASHRAE Hellenic Chapter

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#	**Katerina Lampropoulou** MA, MSc, PhD	
Title:	Associate Professor of Applied School Psychology, Department of Psychology, School of Philosophy, National and Kapodistrian University of Athens	
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Presentation title:	**Perceptions of Place: University Environment and its Relationship with Students' Well-Being and Academic Engagement**	

The university environment is more than a backdrop to academic life—it is a context that shapes students' perceptions, experiences, and daily engagement. The way students perceive physical, social, and organizational aspects of their university can be linked to their psychological well-being, sense of belonging, and academic behavior. While much of the existing literature emphasizes either environmental design or individual psychological outcomes, fewer studies have explored how students themselves perceive different dimensions of their campus environment and how these perceptions connect to their academic engagement and subjective well-being.

This presentation will present findings from a research study examining university students' perceptions of their institutional environment and its relationship with their well-being and academic engagement. Dimensions such as physical infrastructure, aesthetics, accessibility and opportunities for participation will be considered alongside indicators of students' well-being and academic involvement. The study uses a survey methodology, inviting students to reflect on how various features of the university environment contribute to or hinder their sense of satisfaction and motivation.

By bringing forward students' own voices and perspectives, the presentation highlights the importance of aligning institutional characteristics with students' psychological and academic needs. Findings underscore the interconnectedness between place and people, and how perceptions of the university setting may be associated with well-being and engagement.

The presentation will conclude by discussing how these insights can inform both higher education policy and campus design. Implications for future collaborations between psychologists, educators, and architects will also be considered, emphasizing the value of interdisciplinary perspectives in building environments that support academic communities.

Short CV:

Katerina Lampropoulou is an Assistant Professor of Applied School Psychology, Department of Psychology, National and Kapodistrian University of Athens. She has extensive teaching experience in undergraduate and postgraduate programs in school psychology, counseling, health promotion, and crisis management. Her research focuses on student well-being, school climate, resilience, and psychosocial adaptation. Dr. Lampropoulou has authored and co-authored peer-reviewed articles, book chapters, and educational material on school psychology, crisis intervention, and social-emotional learning at a national and international level.

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CV:	

Katerina Lampropoulou, Ph.D., is an Assistant Professor of Applied School Psychology at the Department of Psychology, National and Kapodistrian University of Athens. She studied Psychology at the University of Athens, Special Educational Needs at Brunel University (MA), and completed her MSc and PhD in School Psychology at the University of Athens. She is also trained in systemic family therapy.

She has more than 20 years of professional and academic experience as a school psychologist, researcher, and educator. Her teaching covers undergraduate and postgraduate programs in school psychology, counseling, evidence-based prevention and intervention, health promotion, and crisis management in educational and health contexts.

Her research focuses on children's and adolescents' subjective well-being, school climate, resilience, and psychosocial adaptation of vulnerable populations. She has coordinated and participated in several large-scale national and international projects on student mental health, positive psychology, resilience, school climate, and crisis interventions. She is also a member of international collaborations, including studies on school well-being, resilience, and cultural congruity in schools.

Dr. Lampropoulou has published extensively in peer-reviewed international and Greek journals and contributed to book chapters, educational programs, and intervention manuals on mental health promotion and social-emotional learning in schools. Her work emphasizes systemic, evidence-based approaches to supporting school communities during adversity, including natural disasters, pandemics, and social crises. She is a long-standing member of the Laboratory of School Psychology at NKUA, collaborating with educators, psychologists, and policymakers to strengthen school communities and promote resilience and well-being.

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