

Event:
Date:
Place:

Energy in Buildings Athens Conference 2026

Saturday October 24, 2026
Divani Caravel Hotel Athens, Greece



#	Dr Aleksandra Przydrozna, PhD CEng, LEED AP® BD+C ID+C, MCIBSE, Eurlng, MEng(Hons), BEng(Hons)	
Title:	Business Unit Director – ESG & Sustainability Division Advisory & Integrated Management Solutions (AIMS), Meinhardt UK	
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Presentation title:	The Resilience Retrofit Journey: From Assessment to Real-World Delivery <i>Turning Data, Risk and Decarbonisation Goals into Practical Retrofit Outcomes</i>	
As climate risks intensify and decarbonisation requirements accelerate, building owners face growing pressure to improve the performance, resilience and long-term viability of existing assets. Yet the challenge is no longer identifying the need for retrofit, but determining where to invest, what interventions to prioritise and how to translate strategy into successful delivery. This presentation explores the resilience retrofit journey from assessment through to implementation. Drawing on practical experience across a range of building types and portfolios, it examines the methodologies, data sources and decision-making frameworks used to evaluate climate risk, energy performance, carbon reduction opportunities and asset resilience. Through applied case studies, the session highlights how technical analysis can be transformed into actionable retrofit strategies, balancing operational performance, occupant wellbeing, regulatory compliance and investment value. Attendees will gain insights into the challenges, lessons learned and critical success factors in delivering retrofit programmes that are both resilient and future-ready.		
Short CV (EN) :		
Dr Aleksandra Przydrozna is Business Unit Director for ESG & Sustainability at Meinhardt UK. A Chartered Mechanical Engineer with a PhD from the University of Cambridge, she specialises in building decarbonisation, climate resilience and sustainable retrofit. She leads multidisciplinary teams delivering net-zero and asset transformation strategies, helping clients turn data, risk and ambition into practical, real-world outcomes.		

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CV:

Dr Aleksandra Przydrozna is a recognised leader in decarbonisation, climate resilience and sustainable retrofit within the built environment. As Business Unit Director of the ESG & Sustainability Division at Meinhardt UK, she leads the development of integrated sustainability, ESG and resilience services, helping organisations navigate the transition to a low-carbon, climate-resilient future.

Aleksandra brings extensive experience in decarbonisation strategy, retrofit delivery and ESG risk management, having led multidisciplinary teams on complex projects across real estate, infrastructure and large-scale property portfolios. Her work focuses on translating ambitious sustainability goals into measurable outcomes through evidence-based decision-making, combining carbon reduction, resilience, operational performance and long-term asset value. She has supported public and private sector clients in developing practical pathways towards net zero, climate adaptation and sustainable asset transformation, helping organisations navigate increasingly complex environmental, regulatory and investor expectations.

With a PhD from the University of Cambridge, Aleksandra combines executive leadership with strong technical expertise spanning mechanical engineering, building performance, energy efficiency, HVAC systems, building physics and climate-risk analysis. Her doctoral research into reducing energy use in buildings informed the development of the award-winning Dorothy Garrod Building at Cambridge and continues to influence her performance-led approach to sustainable design, retrofit and operational optimisation.

A Chartered Mechanical Engineer and passionate advocate of the Soft Landings methodology, Aleksandra promotes the alignment of design intent with operational outcomes, ensuring that buildings achieve their intended environmental, energy and occupant-performance objectives. Throughout her career, she has contributed to the delivery of complex building-performance and MEP projects while championing innovation in energy efficiency, whole-life carbon reduction and occupant wellbeing.

Aleksandra also plays an active role in shaping industry thinking and best practice. She serves as Deputy Chair of the EMEA Regional Advisory Committee for the CRREM Foundation, supporting the advancement of science-based decarbonisation pathways for real estate, and is a member of the UK Green Building Council's Solutions & Innovation Advisory Group, helping drive innovation and collaboration across the sector.

Committed to developing future industry leaders, Aleksandra actively mentors emerging professionals, supports technical capability-building across multidisciplinary teams and contributes to thought leadership on sustainability, resilience and the future of the built environment.

Through a combination of technical rigour, strategic vision and people-centred leadership, Aleksandra continues to advance practical, scalable solutions that accelerate decarbonisation and strengthen resilience across the global built environment.