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# ENERGY IN BUILDINGS

## NORTHERN HELLAS 2026

SATURDAY MARCH 28, 2026 @ 9:30-17:30 | @ GRAND HOTEL PALACE

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Using Low-Cost IEQ Sensors to Improve HVAC Efficiency and Reduce Operational Carbon

# Why Indoor Environmental Quality Matters

**Indoor Environmental Quality** — or IEQ — has a measurable impact on health, comfort, cognitive performance and productivity.

Nevertheless, **today's monitoring systems are typically expensive, bulky, and often measure only one parameter at a time. This creates a major barrier to widespread monitoring** in schools, labs, offices and healthcare settings.

Recent academic literature reinforces this: **low-cost sensors can massively expand monitoring coverage, but accuracy, drift, and cross-sensitivity remain challenges** that require thoughtful validation and calibration.

# Low-Cost Multi-Sensor IEQ System

To address these gaps, we **developed a modular, low-cost IEQ monitoring prototype** integrating:

BME680: temperature, humidity, pressure,

VOCsBH1750: light intensity

LM358 sound module: loudness

GP2Y10 + SPS30: particulate matter including PM2.5

Using an Arduino MKR1010 with real-time clock for timestamps



(a) BME680 - Temp; (b) LM358 - Sound;  
(c) BH1750 - Light; (d) GP2Y10x - Dust; and  
(e) SPS30 - Particle sensors

This system was designed to be **affordable, compact, and scalable**, aligning with broader trends identified in current sensor research, where **low-cost frameworks combined with IoT platforms** are becoming viable solutions for **reliable indoor sensing**.

It has been **calibrated** the sensors **against commercial reference instruments** and deployed the system in two real conditions:

Overnight office environment

A concrete laboratory with high dust and activity variation

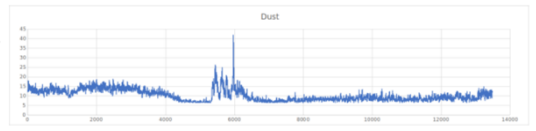
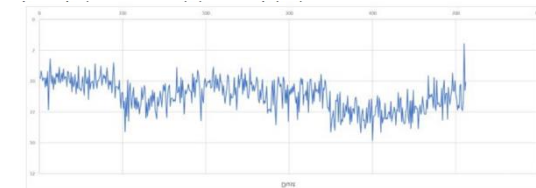
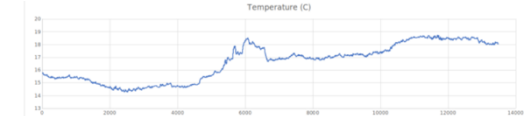
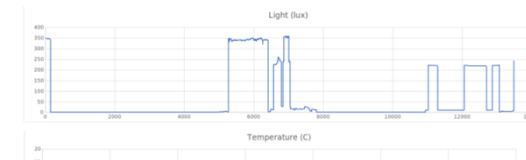
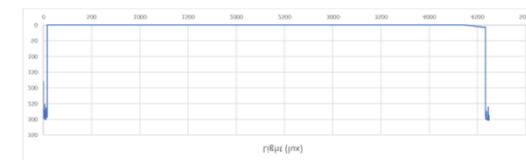
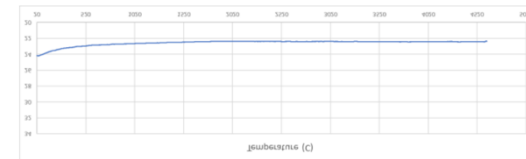
# What We Found

**In an office environment,** the system captured:

- predictable cooling cycles overnight
- sunrise illumination changes
- VOC increases after reduced ventilation
- small but detectable human-activity noise events

**In a concrete laboratory,** we observed:

- clear PM2.5 spikes during material handling
- humidity and noise increases aligned with occupancy
- high sensitivity to rapid IEQ fluctuations
- strong agreement with reference instruments



Together, **these results show that low-cost MEMS-based multi-sensor systems can provide stable, meaningful IEQ insights at a fraction of the cost of traditional devices** — confirming trends highlighted in recent scientific reviews.

# Why This Matters and What Comes Next

**For industry partners**, this approach supports **scalable IEQ monitoring, predictive maintenance, and more responsive building management.**

**For academia**, it offers a **research-ready platform for studying multi-factor comfort**, rather than treating temperature, noise, or IAQ as isolated variables.

**Future work** focuses on:

- advanced calibration methods

- sensor fusion and comfort modelling

- machine-learning-based drift correction

- activity-specific suitability analytics for classrooms, labs, and healthcare settings

This prototype shows that **IEQ monitoring doesn't have to be expensive — and that widespread multi-sensor insight is now within reach.**

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THANK YOU!  
Q & A

# ENERGY IN BUILDINGS NORTHERN HELLAS 2026

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